academy
FINANCIAL WELL-BEING

The academy for financial well-being

# Handling money is something you can learn.

Not just with numbers, but with attention to what you think, feel and do around money. Clear, without judgement and at your own pace.



## What we do

### Online courses
Short lessons, assignments, quizzes and tools about money, behaviour, saving, pensions and life planning.

### Coaching
Conversations and writing coaching with a coach who suits you.

### Coach training
The professional Budget & Financial Well-Being Coach training, after an intake and a motivation interview.

### For organisations
Keynotes, workshops and individual support for employees.

## Our method: behaviour change by doing

1. Take stock
2. Analyse
3. Choose and plan
4. Do it
5. Adjust and keep going

## What we believe in

- ✓ **Behaviour is the key** Knowledge helps, but what you do determines the result. That is why we work on habits and behaviour.
- ✓ **Honest and independent** We do not sell financial products and do not give personal financial advice.
- ✓ **Anyone can learn it** Clear, without jargon, at your own pace and without judgement.

## Why we exist

“Financial well-being is not only about wealth. It is the freedom to live on your own terms, make your dreams come true and secure your future.” – Stijn Derynck

- ✓ Active in financial education since 2009
- ✓ GelukkigeBelgen 2019 laureate

## Ready to learn?

See the courses and choose where to start.

→ **financialwellbeingacademy.com/en/academy**

Scan the code

Educational and independent: we sell no financial products and give no personal financial advice. Coaching is only available in Belgium.
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