academy
FINANCIAL WELL-BEING

For HR and managers

Money stress costs focus and energy.

We help employees get a grip on their money and give HR and managers the tools to talk about it. Confidential and tailored.



What we offer

Keynotes
An inspiring session on financial well-being, behaviour and money stress for your team or event.

Workshops
Online sessions on budgeting, saving, pensions and money stress, with exercises that stick.

Individual support for employees
Confidential support with budget coaching, behavioural change and addiction issues, in coordination with specialist care.

Training for HR
Budget coaching for HR staff and managers: recognising, acknowledging and tackling money stress.

Team licences
Access to the courses for your employees, with reporting at group level.

How to start

1. Getting to know each other
2. A tailored quote
3. Employees learn
4. Follow-up

What it brings your organisation

- ✓ Employees with more overview and less money stress
- ✓ HR and managers who recognise and discuss money stress
- ✓ A supported approach, aligned with your culture
- ✓ Group-level insight, without individual data

A full EAP: Meapy Health

We provide the financial education for Meapy Health; Meapy provides the broader support, including internationally.

- ✓ Exclusive collaboration with Meapy Health
- ✓ Reachable day and night, in the local language

Ask for a tailored proposal.

No obligation, with an answer within five working days.

→ **financialwellbeingacademy.com/en/voor-organisaties**

Scan the code

Educational and independent: we sell no financial products and give no personal financial advice. Coaching is only available in Belgium.
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